

# What is Pollution? Types, Causes, Effects & Solutions (Student Handout)

## Summary

Pollution is the presence of harmful substances in the environment that damage the air, water, land, or living beings. It can be visible (like plastic or oil spills) or invisible (like carbon dioxide or radiation).

## 4 Major Types of Pollution

Type	Description	Harmful Effects
Example Location		
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Air Pollution	Harmful gases & smoke in the air	Asthma, lung disease, global warming
Beijing, China		
Water Pollution	Waste and chemicals in water bodies	Kills marine life, spreads disease
Flint, Michigan, USA		
Land Pollution	Improper waste and deforestation	Soil damage, water contamination
Great Pacific Garbage Patch		
Noise Pollution	Loud urban sounds from traffic & machines	Stress, hearing loss, affects wildlife
Mumbai & New York City		

## Quick Action Tips

Use public transport

Recycle plastic and e-waste

Plant trees

Join clean-up drives

Save energy and turn off electronics

## Quiz Time: Check Your Knowledge

1. What are the four main types of pollution?

- a) Air, Water, Land, Noise
- b) Light, Sound, Food, Climate
- c) Soil, Water, Space, Plastic

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2. Which of the following is NOT a cause of water pollution?

- a) Plastic waste
- b) Oil spills
- c) Solar panels

3. What does land pollution do to the soil?

- a) Increases fertility
- b) Makes it rich in nutrients
- c) Reduces fertility and contaminates water

4. True or False: Noise pollution can disturb animals and cause stress.

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5. Name one real-world example of a pollution hotspot.

### Quote/Testimonial Section

Student Testimonial:

"This handout helped me understand pollution better than any textbook. I now carry a reusable bottle and joined my school's eco-club!"

- Riya Sharma, Grade 8, Delhi Public School

Teacher Testimonial:

"A clear and concise resource with real-world examples - perfect for explaining pollution to middle school students."

- Mrs. Anita Das, Science Teacher, Kolkata

### Answer Key (For Teachers)

- 1. a) Air, Water, Land, Noise
- 2. c) Solar panels
- 3. c) Reduces fertility and contaminates water

## **What is Pollution? Types, Causes, Effects & Solutions (Student Handout)**

4. True

5. (Examples: Beijing, Flint, Great Pacific Garbage Patch, etc.)