

# **Top 5 Messages for Light Pollution Drawings**

## **Message #1: We're Losing Our Connection to the Night Sky**

Light pollution hides the stars and disconnects us from the cosmos. Throughout history, the night sky inspired myths, science, and wonder. Modern artificial lighting has obscured this view for most people.

## **Message #2: Light Pollution Disrupts Ecosystems and Wildlife**

Animals like sea turtles, birds, and insects rely on natural light patterns. Artificial lights confuse them, leading to disorientation, injury, and even death. This disrupts entire ecosystems.

## **Message #3: There Are Simple Solutions We Can All Implement**

Shielded lights, motion sensors, timers, and warmer-colored bulbs help reduce light pollution. These are simple steps everyone can take to protect the night sky.

## **Message #4: Light Pollution Affects Human Health and Well-being**

Excessive night lighting can interrupt sleep cycles, suppress melatonin production, and increase risks for health issues like insomnia, depression, and even cancer.

## **Message #5: Dark Skies Preserve Scientific Discovery and Wonder**

Light pollution threatens astronomical research and robs future generations of seeing the Milky Way. Preserving dark skies fosters scientific exploration and a sense of cosmic connection.