

# DIY Zero-Waste Swaps You Can Start at Home

Easy, Budget-Friendly Projects Using What You Already Have

## - Upcycled Cloth Bags from Old Sarees or T-Shirts

- Collect old sarees, dupattas, or t-shirts
- Cut to size and stitch by hand or with a machine
- Add handles from old cloth or curtain ties
- Optional: Decorate with block prints or natural dyes
- Uses: Grocery shopping, gift wraps, tiffin carriers

## - Homemade Citrus Enzyme Cleaner

- Mix: 1 part jaggery, 3 parts orange/lemon peels, 10 parts water
- Store in airtight jar, burp daily
- Ferment for 2-3 weeks
- Strain and store in spray bottle
- Uses: Floor, toilet, and kitchen cleaner

## - DIY Herbal Tooth Powder

- Dry neem leaves and grind to powder
- Add clove powder, salt, and a pinch of baking soda
- Store in a small glass jar
- Use with wooden or bamboo toothbrush

## - Coconut Oil Soap Bar

- Mix: Coconut oil + castor oil + lye + essential oil
- Add turmeric or tulsi for benefits
- Pour into molds, cure for 4 weeks
- Store in cool, dry space

## - Natural Deodorant Paste

- Combine: Coconut oil + arrowroot powder + baking soda + essential oil
- Mix until smooth, store in reused jar
- Perfect for summer sweat control

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## **- Newspaper Gift Wrap + Plantable Tags**

- Use newspaper or brown paper to wrap gifts
- Make seed paper using old paper pulp + mustard/coriander seeds
- Cut into tag shapes and dry
- Bonus: It grows into a plant when planted!

## **- Bonus Kitchen Waste Ideas**

- Use fruit scraps to make more enzyme cleaner
- Start a compost bin with vegetable peels
- Grow microgreens from leftover lentils or seeds