

# Zero-Waste Starter Kit for Indian Homes

## Essentials

- Cloth or jute shopping bags
- Stainless steel water bottle
- Glass jars or reused dabba containers
- Menstrual cup or reusable pads
- Bar soap (body, face, shampoo)

## Kitchen Basics

- Home compost bin (Khamba/Bokashi)
- Steel tiffins and lunchboxes
- Reusable dish cloths or old cotton cloths
- Bulk shopping jars/containers

## Bathroom Swaps

- Bamboo toothbrush
- Steel razor or reusable blade
- Natural scrubbers (loofah, coconut husk)

## Cleaning Items

- White vinegar and baking soda
- Refillable cleaning solution bottle
- Lemon peels for natural fragrance